

The Beginner Witch's Spellbook



*13 Essential Spells, Rituals & Correspondences
for the Modern Practitioner*

witchcraftforbeginners.com

A gift for members of the Coven

Contents

Chapter I: Before You Begin: The Witch's Ethics

Chapter II: Setting Up Your Sacred Space

Chapter III: Protection & Shielding Spells

Chapter IV: Cleansing & Purification Rituals

Chapter V: Abundance & Prosperity Magic

Chapter VI: Self-Love & Healing Spells

Chapter VII: Moon Phase Magic Guide

Chapter VIII: Crystal Correspondences

Chapter IX: Herb & Plant Magic

Chapter X: Candle Color Meanings

Chapter XI: Your First 30 Days of Practice

About Witchcraft For Beginners

Chapter I: Before You Begin

Every practice of magic begins with intention and responsibility. Before casting your first spell, understand these foundational principles that have guided practitioners for centuries.

The Threefold Law

Whatever energy you send out returns to you threefold. This isn't punishment—it's the natural cycle of energy. Cast with pure intention, and that goodness multiplies back to you.

Harm None

The Wiccan Rede says 'An it harm none, do what ye will.' This includes yourself. Never cast from a place of anger, jealousy, or desperation. Wait until you're centered.

Free Will Is Sacred

Never cast spells to control, manipulate, or override another person's choices. Love spells that target a specific person violate this principle. Instead, cast to attract love into your life.

Respect the Craft

Magic is not a toy or a party trick. Approach your practice with reverence. The energy you bring to your spellwork directly affects its power.

Ground Before and After

Always ground your energy before beginning any magical work and close your circle when finished. This protects you and ensures clean energy flow.

Chapter II: Setting Up Your Sacred Space

You don't need a grand altar or expensive tools. Your sacred space is wherever you feel most connected to your practice. A windowsill, a corner of your desk, or a shelf—any space you dedicate with intention becomes sacred.

Essential Altar Items

- A candle (white is universal)
- A small dish for salt or earth (Earth element)
- A cup or shell for water (Water element)
- Incense or a feather (Air element)
- A candle or piece of lava rock (Fire element)
- A personal item that connects you to your intention
- A journal for recording your practice

Casting a Circle

Before any spell, cast a circle of protection. Stand in the center of your space and point your dominant hand (or a wand, athame, or even a wooden spoon) toward the North. Slowly turn clockwise, visualizing a sphere of white-gold light expanding around you. Say: 'I cast this circle as a boundary between worlds. Only love and light may enter here. So mote it be.' When finished with your work, walk counterclockwise to open the circle.

Chapter III: Protection & Shielding Spells

Protection magic is the foundation of any practice. Master these spells before moving to more complex work. They create energetic boundaries that keep negativity at bay and strengthen your personal power.

The White Light Shield

Intent: Personal energetic protection for daily use

Best Time: Every morning, or before entering stressful situations

You Will Need:

- A quiet moment (even 60 seconds works)
- Optional: a clear quartz crystal to hold

Steps:

1. Close your eyes and take three deep breaths. With each exhale, release tension from your body.
2. Visualize a brilliant white light forming at the crown of your head, warm and protective.
3. See this light slowly cascading down around your body like a waterfall, forming a complete sphere.
4. Feel the sphere solidify into a shield—permeable to love and positivity, impenetrable to harm.
5. Speak the incantation, feeling the shield lock into place.
6. Open your eyes. The shield remains active throughout your day.

"Light above, light below, light within me starts to glow. Shield of white, strong and bright, protect me through the day and night."

Practitioner's Tip: This shield naturally fades by evening. Recast each morning as part of your routine. Over time, you'll feel it activate almost automatically.

Black Salt Protection Jar

Intent: Home protection and negativity absorption

Best Time: Waning moon (as the moon shrinks, so does negativity)

You Will Need:

- A small glass jar with a lid
- Black salt (mix sea salt with charcoal or ash from burned protective herbs)
- 3 cloves of garlic (peeled)
- A sprig of rosemary
- A black candle
- Optional: obsidian chip or black tourmaline

Steps:

1. Cast your circle. Light the black candle and focus on your home as a safe, protected sanctuary.
2. Layer the ingredients in your jar: salt first (foundation), then garlic (ancient protector), then rosemary (purification).
3. If using a crystal, place it in the center of the jar.
4. Hold the jar between your palms and channel protective energy into it. Visualize your home surrounded by an impenetrable black sphere.
5. Seal the jar with wax from the black candle, dripping it around the lid.
6. Speak the incantation over the sealed jar.
7. Place the jar near your front door, on a windowsill, or bury it by your entrance.

"Salt and stone, herb and flame, guard this home in the Goddess's name. No ill will shall pass this door, as I will it, forevermore."

Practitioner's Tip: Replace the jar every 3 months during a waning moon. Bury the old contents in the earth with gratitude.

Mirror Reflection Spell

Intent: Return negative energy to its sender without harm

Best Time: Saturday (Saturn's day, associated with banishing and boundaries)

You Will Need:

- A small mirror (compact mirror works perfectly)
- Black ribbon or thread
- A white candle
- Dried sage or rosemary

Steps:

1. Cast your circle and light the white candle.
2. Hold the mirror face-up and sprinkle the herbs over its surface.
3. Visualize the mirror becoming a powerful reflective shield—any negativity directed at you bounces back to its source, transformed into a lesson rather than harm.
4. Wrap the mirror in the black ribbon, binding it three times. With each wrap, repeat the incantation.
5. Place the wrapped mirror above your front door or in a window facing outward.
6. Let the candle burn down completely to seal the spell.

"Mirror bright, mirror clear, reflect all harm away from here. What was sent shall now return, a gentle lesson, not to burn."

Practitioner's Tip: This spell doesn't cause harm to the sender—it transforms negative energy into a learning experience. That distinction matters ethically.

Chapter IV: Cleansing & Purification

Energetic cleansing is like spiritual hygiene. Just as you shower daily, your energy and space need regular clearing. These rituals remove stagnant, negative, or leftover energy so you can work with a clean slate.

Smoke Cleansing Ritual

Intent: Clear negative energy from your home or sacred space

Best Time: New moon (fresh beginnings), or whenever energy feels heavy

You Will Need:

- Dried rosemary, lavender, or cedar bundle (ethically sourced)
- A fireproof dish or abalone shell
- A feather or your hand to direct smoke
- Windows you can open slightly

Steps:

1. Open at least one window in each room—the negative energy needs an exit.
2. Light your herb bundle until it catches, then blow out the flame so it smolders and smokes.
3. Starting at your front door, move clockwise through every room. Use the feather to direct smoke into corners, closets, and under furniture where energy stagnates.
4. As you move through each room, speak your intention clearly.
5. Pay special attention to mirrors, electronics, and doorways—these collect energy.
6. Return to your starting point. Extinguish the bundle in sand or earth (never water).
7. Close the circle. Sit quietly for a moment and feel the difference in your space.

"Smoke and air, purify this space. Remove what no longer serves this place. Only love and light remain. This home is cleansed, free of pain."

Practitioner's Tip: Never use white sage unless you are Indigenous or have been gifted it by an Indigenous practitioner. Rosemary, lavender, and cedar are equally powerful and readily available.

Salt Water Purification Bath

Intent: Cleanse your personal energy and aura

Best Time: Sunday evening (prepare for the week) or after stressful encounters

You Will Need:

- A bath or large basin
- Sea salt or Himalayan pink salt (1/2 cup)
- Fresh or dried lavender
- A white candle
- Optional: 3 drops of eucalyptus essential oil

Steps:

1. Draw a warm bath. Light the white candle and place it safely nearby.
2. Add the salt to running water, stirring counterclockwise three times.
3. Add the lavender and optional oil.
4. Before entering, stand beside the bath and set your intention: name specifically what you want to release.
5. Soak for at least 15 minutes. Visualize dark or heavy energy dissolving from your body into the water, where the salt neutralizes it.
6. When ready, pull the drain plug and stay in the tub as the water drains. Watch your worries literally swirl away.
7. Rinse with fresh water. Blow out the candle.

"Water wash me, salt set me free. What weighs me down, I now release. Clean and clear, I emerge renewed. With harm to none, my spirit's renewed."

Practitioner's Tip: No bathtub? A foot soak with the same ingredients works wonderfully, or add salt water to a spray bottle and mist yourself head to toe.

Chapter V: Abundance & Prosperity Magic

Abundance magic works best when paired with practical action. A money spell won't replace job applications, but it can open doors you didn't know existed, attract unexpected opportunities, and shift your relationship with abundance.

Cinnamon Abundance Spell

Intent: Attract prosperity and financial opportunities

Best Time: Thursday (Jupiter's day—expansion and luck), waxing to full moon

You Will Need:

- Ground cinnamon
- A green candle
- A coin (any denomination—it's symbolic)
- A bay leaf
- A pen with green or gold ink

Steps:

1. Cast your circle. Light the green candle.
2. Write your specific financial intention on the bay leaf. Be precise: not 'money' but 'a new income stream by [date]' or 'unexpected opportunity worth [amount].'
3. Place the coin on your altar. Sprinkle cinnamon over it in a clockwise spiral.
4. Hold the bay leaf over the candle flame (carefully) until it catches fire. Drop it onto the fireproof dish.
5. As it burns, speak your incantation. Feel the energy of your words merging with the smoke.
6. Once the bay leaf is ash, mix the ash with the cinnamon on the coin.
7. Carry the coin in your wallet until your intention manifests. Then bury it with gratitude.

*"Cinnamon sweet and leaf of bay, bring abundance my way today. Doors swing open,
fortune flows, prosperity blooms wherever it goes."*

Practitioner's Tip: On the first of every month, blow cinnamon into your front door from outside. This ancient practice invites abundance into your home.

Green Candle Prosperity Ritual

Intent: Sustained financial growth and stability

Best Time: Waxing moon to full moon (building energy), Thursday or Sunday

You Will Need:

- A green pillar candle
- Olive oil
- Dried basil
- A fireproof plate
- A \$1 bill or equivalent currency note
- 3 coins of increasing value

Steps:

1. Cast your circle. Place the currency note on the plate as a base.
2. Dress the candle: rub olive oil from the middle toward the top, then middle toward the bottom. This 'charges' the candle with your energy.
3. Roll the oiled candle in dried basil until it's lightly coated.
4. Place the candle on the plate atop the currency note.
5. Arrange the three coins around the candle in a triangle, smallest to largest clockwise.
6. Light the candle. Spend 10 minutes visualizing your financial goals as already achieved. See your bank account, feel the security, imagine the freedom.
7. Speak the incantation. Let the candle burn for one hour (never leave unattended), then snuff it out (don't blow).
8. Repeat nightly for seven nights. On the final night, let the candle burn completely.

"Flame of green, prosperity's light, bring financial growth into my sight. From this moment, wealth shall grow, steady, stable, an abundant flow."

Practitioner's Tip: Save the wax remnants from the plate. Wrap them with the currency note and coins in green cloth. Keep this prosperity bundle in your workspace.

Chapter VI: Self-Love & Healing

The most powerful magic begins with self-love. These spells help you reconnect with your worth, heal old wounds, and build an unshakeable foundation of self-compassion. You cannot pour from an empty cup.

Rose Quartz Self-Love Ritual

Intent: Deepen self-love and heal emotional wounds

Best Time: Friday (Venus's day—love), full moon

You Will Need:

- A rose quartz crystal (any size)
- A pink candle
- Rose petals (fresh or dried)
- A mirror
- Honey (a small spoonful)

Steps:

1. Cast your circle. Sit comfortably with the mirror in front of you. Light the pink candle.
2. Scatter rose petals around the candle and mirror.
3. Hold the rose quartz to your heart. Close your eyes and breathe deeply three times.
4. Open your eyes and look into the mirror. Really look. See past the surface to the soul behind your eyes.
5. Touch a tiny drop of honey to your lips—a reminder that you deserve sweetness.
6. Speaking to your reflection, say the incantation. Say it slowly, mean every word.
7. Place the rose quartz under your pillow for the next seven nights to continue the healing.

"I see you. I honor you. I love the person looking back at me. Flaws and all, scars and light, I am worthy. I am whole. I am enough tonight."

Practitioner's Tip: This ritual often brings tears. That's not failure—that's years of self-criticism leaving your body. Let it flow.

Healing Jar Spell

Intent: Process grief, heartbreak, or emotional pain

Best Time: Waning moon (releasing), Monday (Moon's day—emotions)

You Will Need:

- A small jar with a lid
- Salt water (tears of the earth)
- Dried chamomile (soothing)
- Dried lavender (peace)
- A small piece of paper and pen
- A blue candle

Steps:

1. Cast your circle. Light the blue candle (emotional healing).
2. On the paper, write what you need to heal from. Be honest—no one will read this.
3. Fold the paper three times toward you (drawing healing in).
4. Place the paper in the jar. Add the salt water, chamomile, and lavender.
5. Seal the jar. Hold it and let yourself feel whatever comes up. Don't fight the emotions.
6. Speak the incantation while holding the jar over your heart.
7. Bury the jar somewhere in the earth, or place it in the back of a dark closet for one full moon cycle. After the cycle, open it, burn the paper, and wash the jar—symbolizing your release.

*"Pain I carry, hear my call. I honor you, then let you fall. Into this jar, I place my grief.
From its weight, I find relief."*

Practitioner's Tip: Healing isn't linear. If the pain returns, create a new jar. Each time, you'll notice it feels a little lighter.

Chapter VII: Moon Phase Magic Guide

The moon is your most powerful ally in spellwork. Its phases create a natural rhythm for different types of magic. Learning to work with—not against—the moon's energy will dramatically increase the effectiveness of your spells.

Phase	Energy	Best For	Avoid
New Moon	Fresh starts, planting seeds	Setting intentions, new projects, manifesting, divination	Banishing, releasing, closing chapters
Waxing Crescent	Building momentum	Attraction spells, courage, friendship magic	Letting go, endings
First Quarter	Action and decisions	Strength spells, overcoming obstacles, commitment	Rest, passive magic
Waxing Gibbous	Refining and adjusting	Fine-tuning spells, patience, trust-building magic	Starting new things
Full Moon	Peak power, illumination	ALL magic (strongest night), charging crystals, divination, gratitude rituals	Nothing—full moon enhances everything
Waning Gibbous	Gratitude and sharing	Teaching, wisdom spells, communication magic	New beginnings
Last Quarter	Release and forgive	Banishing, breaking habits, cord cutting, forgiveness	Attraction, manifesting
Waning Crescent	Rest and surrender	Healing, meditation, dream work, self-care rituals	Major spellwork, new projects

Quick rule: Waxing moon (growing) = attract, build, create. Waning moon (shrinking) = release, banish, heal. Full moon = anything goes. New moon = set intentions for the cycle ahead.

Chapter VIII: Crystal Correspondences

Crystals are concentrated earth energy. Each carries a specific vibration that amplifies certain types of magic. You don't need dozens—start with these ten essentials and grow your collection as your practice deepens.

Crystal	Properties	Use In Spells	Cleansing
Clear Quartz	Amplification, clarity, universal healer	Amplifies ANY spell, substitute for any crystal	Moonlight, salt water, sound
Rose Quartz	Unconditional love, emotional healing	Self-love, romance, friendship, grief healing	Moonlight, rose petals
Amethyst	Intuition, protection, spiritual growth	Divination, psychic development, dream work	Moonlight, sage smoke
Black Tourmaline	Protection, grounding, EMF shielding	Shielding spells, home protection, anxiety relief	Soil burial, smoke, running water
Citrine	Joy, abundance, manifesting	Prosperity spells, confidence, creativity boost	Sunlight (brief), sound
Obsidian	Truth, shadow work, deep protection	Scrying, cord cutting, truth-seeking	Moonlight, earth burial
Moonstone	Intuition, feminine energy, new beginnings	Moon rituals, fertility, travel protection	Moonlight only (always)
Carnelian	Courage, vitality, creativity	Confidence spells, energy boosting, motivation	Sunlight, warm water
Labradorite	Transformation, magic, psychic shielding	Strengthening magical ability, transitions	Moonlight, sound
Selenite	Cleansing, angelic connection, peace	Cleansing other crystals, meditation, clarity	NEVER water (dissolves); moonlight, intention

Always cleanse new crystals before first use. The simplest method: hold the crystal under running water for 30 seconds while visualizing dark energy washing away (check if your crystal is water-safe first—selenite, malachite, and halite dissolve in water).

Chapter IX: Herb & Plant Magic

Herbs have been used in magic for thousands of years across every culture. Many of the most powerful magical herbs are probably already in your kitchen. Here are the 15 essential herbs every witch should know.

Herb	Magical Properties	Common Uses
Rosemary	Protection, memory, purification	Smoke cleansing, protection sachets, bath magic
Lavender	Peace, sleep, love, purification	Dream pillows, calming baths, love sachets
Basil	Prosperity, love, protection	Abundance jars, kitchen magic, doorway protection
Sage	Wisdom, cleansing, longevity	Smoke cleansing, wisdom spells, consecration
Thyme	Courage, healing, psychic power	Courage sachets, healing baths, divination aid
Cinnamon	Prosperity, success, passion	Money spells, success candles, passion rituals
Bay Leaf	Wishes, psychic power, protection	Wish burning, divination, protection wreaths
Chamomile	Peace, luck, money, sleep	Calming teas, luck washes, money drawing
Mint	Money, healing, travel, energy	Prosperity spells, healing teas, energy boosting
Rose	Love, beauty, psychic power, healing	Love spells, beauty rituals, rose water
Mugwort	Psychic abilities, dreams, astral travel	Dream pillows, divination tea, third eye work
Yarrow	Courage, love, psychic awareness	Divination, handfasting, courage charms
Clove	Protection, banishing, money	Pomanders, banishing sachets, money jars
Ginger	Power, success, love, money	Amplifying spells, success magic, heating rituals
Salt (sea)	Purification, protection, grounding	Circle casting, banishing, cleansing everything

Chapter X: Candle Color Meanings

Candle magic is one of the most accessible forms of spellwork. The color of your candle channels specific energies. When in doubt, white is universal and can substitute for any color.

Color	Associations	Best For
White	Purity, truth, all-purpose	ANY spell, cleansing, peace, substitution
Black	Protection, banishing, absorption	Removing negativity, breaking hexes, boundaries
Red	Passion, strength, courage, fire	Love, lust, willpower, physical energy
Pink	Romantic love, self-love, friendship	Gentle love, emotional healing, harmony
Green	Money, growth, fertility, earth	Prosperity, career, health, garden magic
Blue	Healing, peace, truth, water	Emotional healing, communication, meditation
Purple	Psychic power, wisdom, spirit	Divination, spiritual growth, third eye
Yellow	Intellect, confidence, air, sun	Study, mental clarity, joy, new ideas
Orange	Success, creativity, attraction	Career success, creative projects, vitality
Brown	Home, stability, animals, earth	Grounding, pet protection, real estate
Gold	Solar energy, wealth, God energy	Major prosperity, solar rituals, masculine divine
Silver	Lunar energy, intuition, Goddess	Moon rituals, psychic development, feminine divine

Candle magic tip: Always 'dress' your candle before use. Rub oil (olive works) from center to top, then center to bottom, while focusing on your intention. This charges the candle with your energy. Never blow out a spell candle—snuff it or pinch it instead, as blowing scatters the energy you just raised.

Chapter XI: Your First 30 Days of Practice

Starting a magical practice can feel overwhelming. Here's a structured 30-day plan to build your foundation without pressure. Take it at your own pace—there's no rush in magic.

Week 1: Foundation

Day 1-2: Set up your altar or sacred space (Chapter II). Keep it simple.

Day 3: Practice casting and opening a circle. Do it three times until it feels natural.

Day 4-5: Learn the White Light Shield (Chapter III). Cast it every morning.

Day 6: Do the Smoke Cleansing Ritual (Chapter IV) to clear your entire home.

Day 7: Rest. Journal about how the week felt. What surprised you?

Week 2: Elements & Moon

Day 8-9: Study the moon phase table (Chapter VII). Start tracking the current phase.

Day 10: Choose one crystal from the guide (Chapter VIII). Cleanse it and carry it for a week.

Day 11-12: Practice candle meditation: light a white candle and stare at the flame for 10 minutes. Focus only on the flame.

Day 13: Take the Salt Water Purification Bath (Chapter IV).

Day 14: Rest. Journal: how has your energy shifted? What do you notice differently?

Week 3: Your First Spells

Day 15: Cast the Black Salt Protection Jar (Chapter III) for your home.

Day 16-17: Begin the Rose Quartz Self-Love Ritual (Chapter VI). Place crystal under your pillow.

Day 18-19: If the moon is waxing, try the Cinnamon Abundance Spell (Chapter V). If waning, try the Healing Jar (Chapter VI).

Day 20: Create your first herb sachet using ingredients from Chapter IX. Choose a purpose and select 3 herbs.

Day 21: Rest. Journal: which spell felt most natural? That hints at your magical strengths.

Week 4: Integration

Day 22-23: Revisit your favorite spell from Week 3. Modify it slightly to make it yours.

Day 24: Try the Green Candle Prosperity Ritual (Chapter V) or Mirror Reflection Spell (Chapter III).

Day 25-26: Begin a moon ritual: set an intention on the current moon phase and track its progress through the full cycle.

Day 27-28: Explore: visit a metaphysical shop, research a tradition that interests you, or try a new herb from the guide.

Day 29: Deep cleanse your space and altar. Refresh your protection jar if needed.

Day 30: Write a letter to yourself about your magical journey so far. Seal it. Open it in one year.

About Witchcraft For Beginners

Witchcraft For Beginners is a growing community of modern practitioners who believe magic is for everyone. Whether you're a curious skeptic or a seasoned witch looking for fresh perspectives, you'll find practical, respectful, and accessible content at witchcraftforbeginners.com.

Continue Your Journey

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 - **Moon Phase Calendar** — witchcraftforbeginners.com/moon-calendar/
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 - **Full Moon Rituals** — witchcraftforbeginners.com/20-sacred-witchcraft-rituals-for-the-full-moon/
 - **Crystal Healing Guide** — witchcraftforbeginners.com/crystal-healing-guide/
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This spellbook is a gift from Witchcraft For Beginners to members of the Coven. Share the magic—share this book freely with anyone who needs it.

Blessed be.